

Middlesbrough referral guide



NHS and private services we offer:

- Age- related macular degeneration
- Cataract surgery
- Glaucoma treatment and monitoring
- Medical retina (excluding diabetic retinopathy)
- Oculoplastic and lacrimal surgery
- Ocular hypertension
- YAG laser capsulotomy
- YAG laser peripheral iridotomy
- YAG SLT

Private only services we offer

- General ophthalmology
- Vitreo-retinal surgery

Contact details

For any general enquiries please contact us at:

Tel: 01642 087614

Email: teesside@newmedica.co.uk

Post: 29-30 Market Place, North Ormesby, Middlesbrough, TS3 6HR

Location

Middlesbrough: 29-30 Market Place, North Ormesby, Middlesbrough, TS3 6HR

How to refer

Please follow the pathway as specified in your local area to refer to us as outlined below. However, if you have any questions, please let us know, and we will be happy to help. Please note that all referrals for NHS oculoplastic and lacrimal surgery should go via the patient's GP for all areas listed below.

North Cumbria – Optometrist referral via the GP

North Yorkshire – Cataract referrals via the GP, and onward to local Referral Management Service. For all other referrals, optometrist via the GP.

Tees Valley – Referral via the local referral management and choice centre – TARS

County Durham & Darlington – Optometrist referral via the GP

Newcastle Gateshead – Optometrist referral via the GP

North Tyneside – Optometrist referral via the GP

Newcastle and Gateshead – Optometrist referral via the GP

Northumberland – Optometrist referral via the GP

Sunderland – Optometrist referral direct to Newmedica - newmedica.teesside@nhs.net or by secure fax 0207 9246262

South Tyneside – Optometrist referral direct to Newmedica - newmedica.teesside@nhs.net or by secure fax 0207 9246262

When referring via the patient's GP, if the patient has expressed a wish to be seen at Newmedica Teesside, please specify this on the referral form to aid the onward appointment booking process.

Private

For private patients, please send referrals to us by email to newmedica.teesside@nhs.net or by secure fax to 0207 9246262.

Please include Referral Form or letter and GOS form.



Exclusion criteria/services not currently offered:

- Need for general anaesthetic
- Patients who require a general anaesthetic or who require intravenous sedation
- Unable to transfer independently/requiring aid e.g. hoists
- Accident and Emergency ophthalmology
- Any patient under the age of 18
- Any patient with a suspected or confirmed ophthalmic cancer diagnosis
- Diabetic macular oedema/diabetic retinopathy